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STOWARZYSZENIE
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ProRoK, z.s.
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Koza Fest Nitra – Záhrada v kole roka – 14.6.2025

Rôzne generácie – deti, mládež, mladí dospelí, rodičia, starí rodičia – spoločná práca ich spája a vytvára podmienky pre spoločný rozvoj. Je potrebné šíriť informácie a stále ich opakovať, a prepájať s praktickými ukážkami a zručnosťami, ktoré budú potrebovať pri starostlivosti o záhradu, záhony, jednotlivé rastliny.

Vytvorená komunita si stále žiada opakovanie a dopĺňanie príkladov dobrej praxe.

Skúsenosti nášho Centra Harmónia, s vytvorenou Terapeutickou záhradou pre širokú verejnosť ukazujú, že je stály záujem o stretávanie sa a odovzdávanie si skúseností.

Návštevníci Koza festu počas uplynulého víkendu na chvíľu zabudli na mestský zhon, ponorili sa do atmosféry slobody, tvorivosti a spoločnej radosti. Podujatie komunitnej záhrady Hide parku bolo nielen o spájaní komunít, ale aj o podpore povedomia o ekologickom pestovaní. Deň sa niesol v znamení udržateľnosti – od ekologického pestovania, cez kompostovanie, až po zodpovedné nakupovanie. Koza Fest však nebol len festivalom, ale aj manifestom toho, že kultúra a príroda môžu kráčať ruka v ruke.

Dobré jedlo ľudí spája a jeho príprava stmeluje skupiny, ktoré majú rovnaké hodnoty.

Zvukový záznam prednášky a stretnutia.

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2023-1-PL01-KA210-YOU-000133199

W Zdrowym Ciele Zdrowy Duch

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Koza Fest Nitra – Garden in the Round of the Year – 14.6.2025

Different generations – children, youth, young adults, parents, grandparents – working together brings them together and creates conditions for joint development.

It is necessary to disseminate information and constantly repeat it, and connect it with practical demonstrations and skills that they will need when caring for the garden, flower beds, individual plants.

The created community constantly demands repetition and addition of examples of good practice.

The experience of our Harmony Center, with the created Therapeutic Garden for the general public, shows that there is a constant interest in meeting and sharing experiences.

Visitors to Koza Fest this past weekend forgot about the hustle and bustle of the city for a moment, immersed themselves in an atmosphere of freedom, creativity and shared joy. The Hide Park community garden event was not only about connecting communities, but also about promoting awareness of organic farming. The day was marked by sustainability - from organic farming, through composting, to responsible shopping. However, Koza Fest was not only a festival, but also a manifesto that culture and nature can walk hand in hand.

Good food brings people together and its preparation unites groups that have the same values.

Audio recording of lectures and meetings.

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